



Resources to Equip Parents as At-Home Helpers

Reading Resources We Love

Check your local library for high-quality online reading resources including:

- [TumbleBooks](#): Offering free ebooks through your local library
- [Audible Stories](#): Offering free service for kids as long as school is out.
- [Overdrive](#): Free ebooks and audiobooks through your local library
- [CommonLit](#): Kids can practice reading and answering questions on their level!
- [Vooks](#): Storybooks read out loud by teachers! They are offering a 7-day free trial.
- [Caribu](#): An app that lets kids enjoy virtual story time with grandparents and other friends and family members living apart from one another. Limited subscriptions are free.

Be a reading coach! Use these questions to discuss books with your kids:

- Look back across the chapter/section/page. What is it mostly about?
- What does this make you think? Why?
- Which details support the idea that (main idea)?
- Why does (event) happen?
- What are some problems the character is having?
- How has (character) changed?
- Describe the relationship between (character) and (character).
- What lesson does (character) learn by the end of the story?
- What is the most important idea you learned from reading this book?

Tips to Help Your Kids with Math

Here are [six simple questions](#) that you can use to support your kids with their math homework:

- “How do you know?”
“Convince me”

- “Explain that, please”
- “Prove it”
- “Draw a picture”
- and the simplest of all, “Why?”

Each question is designed to put the thinking work on the child, helping them to see their way through a problem that has them stumped, and to potentially help you identify the specific areas of struggle or misunderstanding. When it comes to homework, the answer is far less important than the questions kids are asking to get there. And as a parent, the prompts you give your kids to steer them toward those questions can make all the difference.

Additional Math Resources

- Check out [KhanAcademy.org](https://www.khanacademy.org) which offers a comprehensive set of grade appropriate math courses for kids.
- [XtraMath](https://www.xtramath.com): Quick math fact (addition, subtraction, multiplication, and division) practice!
- [DreamBox](https://www.dreambox.com): An amazing math resource for kids K-8 to practice math concepts and skills — they’re offering a 90-day free trial for parents!

Science Resources

- [Interactive Simulations](https://www.ck12.org/interactive-simulations/): This site provides interactive models to explore different math & science concepts by grade level or subject.
- [National Geographic Kids](https://www.nationalgeographic.com/kids/)

Go Exploring

Take a virtual field trip with your child!

- **Take a Trip to The Zoo** : Watch live streams of the [Monterey Zoo](https://www.montereyzoo.org/) or [Georgia Aquarium](https://www.georgiaaquarium.org/) to get your animal fix. Then, head over to the [San Diego Zoo](https://www.sandiegozoo.org/) site for fun activities, games, videos, and more!
- **Practice Your Yoga Moves** : Get moving and stretching with this fun [Trolls themed Cosmic Kids Yoga Course](https://www.trolls.com/yoga/).
- **Start a New Podcast**: Browse through the [Kids Listen Podcast app](https://www.kidslisten.com/) to start listening to kid-friendly stories, science snippets, history lessons, interviews, and current events discussions.

- **Enjoy a Broadway Play:** Want to experience Broadway from your home? Head to [BroadwayHD](#) to watch your favorite musical or play. The streaming service offers a 7 day free-trial so you can enjoy as many plays as you want in that time!
- **Take a Trip to a Farm:** [Farm Food 360](#) allows kids to virtually explore a farm, including it's pigs, minks, cows, eggs, apples and much more!
- **Try Out a New Recipe:** Learn to cook your favorite meal by joining the [ChopChop Cooking Club](#)! Available online or through the App Store, you and your family can enjoy several cooking challenges, recipes, tutorials, and more!
- **Explore The Met:** Head to [The MetKids](#) website to explore the museum, go back in time to learn more about ancient artifacts, watch videos, and more!
- **See The Boston Children's Museum:** Visit all three floors of the Boston Children's Museum with [this Virtual Tour](#).
- **Have Lunch with Mo!:** Mo Willems invites kids everyday into his studio every day for his Lunch Doodle! Join him to draw, doodle and explore new ways of writing by [visiting Mo's studio virtually](#).
- **Visit the Smithsonian:** Head to the [Smithsonian for Kids site](#) for several virtual tours of exhibits, fun activities, games, videos, and more!
- **Challenge Your Friends to Build Something:** Check out these [15 Engineering Challenges](#) to set up challenges between friends. Share pictures and/or videos of finished projects to see who was able to build the best structure.